

Duval County Chapter Chatter

Earth Month

Farm to School Presentation

On April 17, our local farming partner, Howard Gunn, visited the third-grade class at Chaffee Trail Elementary. They helped him identify different produce and learn what fruits and vegetables make up different products they buy at the store. He taught them about pollinators and discussed the importance of eating a healthy, well-balanced diet. Students were then able to take home some fresh produce to share with their families!

Informational Videos

- **Dietitian-Led** – Our resident dietitians share how to create your own aquaponics system at home. Follow along at vimeo.com/showcase/9401121.
- **Chef-Led** – Our chefs highlight a few root-to-stem recipes that incorporate more parts of the plant, reducing food waste while packing a flavor punch with loads of nutritional value. Follow along at vimeo.com/showcase/9401121.



Special Menu Days

- **April 2 – Wowbutter & Jelly Sandwich Day** – Our elementary students enjoyed toasted Wowbutter soy spread with grape jelly, sandwiched between two whole-grain bread slices.
- **April 4 – National Burrito Day** – Made with warm brown rice topped with seasoned black beans, corn, diced bell pepper and cheddar cheese, this burrito bowl was sure to satisfy our students' cravings.
- **April 12 – National Grilled Cheese Day** – This meal was “cheddar” than ever – our grilled cheese is made with American, mozzarella and cheddar cheese!
- **April 16 – Lucky Lunch Day** – Elementary students who chose school lunch on this day had a chance to win fun prizes!
- **April 22 – Earth Day** – We served a special Earth Day parfait made with yogurt, green grapes, and blueberries topped with granola!
- **April 26 – National Pretzel Day** – Don't get it twisted – we didn't miss the opportunity to celebrate National Pretzel Day in our schools with a special toasted turkey ham and cheese sandwich on a pretzel bun.