

# Duval County

## Chapter Chatter

### **National Milk Day**

National Milk Day is celebrated on January 11 to commemorate the first time milk was delivered to homes in glass bottles in the United States back in 1878. Since the United States is one of the top exporters of milk and other milk products, we thought celebrating National Milk Day in our schools would be a great way to teach students the importance of this nutrient-rich product.

To help explain the milk's journey from cow to carton, a local dairy farmer and two of his cows visited Chets Creek Elementary for an "udderly" spectacular educational experience bringing the farm to the students. In celebration of National Milk Day, the farmer spoke about his farm and cows, how he cares for the environment, and how dairy foods fit into a healthy diet. [See the news segment here.](#)

### **Smoothie Station Pilot Launch at Englewood High**

Smoothie Station is a pilot program held in partnership with the Florida Dairy Council and is intended to introduce clean-label dairy-based fruit smoothies as a potential grab-and-go entrée option for school lunch. This January, an additional school was added to the pilot program - Englewood High School - with more schools being slated to start the program later this spring.

### **Menu Highlights**

During these colder months, we've added some hearty winter dishes to keep our students warm and full. Whether they're trying one of our new comfort meals or enjoying a classic staple, they can't go wrong! Here are some dishes we featured this month:

- Chicken Pot Pie with Biscuit
- Grilled Cheese & Tomato Soup
- Beef Stroganoff over Noodles
- Chicken Ranch Tortellini
- Chicken Tetrazzini with Pasta
- Duval Chicken & Mashed Potato Bowl



