

## Duval County Public Schools Nutrition Program for the month of October:

### Farm to School Month

For Farm to School Month this October, the nutrition program celebrated local produce, school gardens and nutrition education while helping students make the connection between food and where it comes from, including:

- Celebrated fruits and veggies **October 23-27** to commemorate National Farm to School Month with these delicious options:
  - “Root to Stem” Cheesy Vegetable Flatbread
  - Fall Harvest Spinach Salad
  - “Fresh from the Garden” Vegetable Salad
  - Local Florida Tangerines as a side item
- Held **class tours** of our Nutrition Service Center to see our heritage seed bank, production line packaging fresh lettuce into our retail-style salads and learn about how fresh produce comes through our center straight to the school serving line.
- Highlighted schools on social media that maintain a **school garden** and encouraged students to get involved and/or start a garden of their own at home.
- Provided **in-school curriculum** on Farm to School Month for teachers to implement into their lesson plans
- Encouraged families to attend **local farmers markets** to help kids make the connection between their food and where it comes from

Read [our Farm to School article](#) to learn more about our celebration.



**National School Lunch Week**

We celebrated October 9-13 with a fun videogame-inspired campaign theme, "Level Up with School Lunch." We encouraged students to celebrate with us by participating in our coloring contest, working with their kitchen crew to decorate the serving line or dressing up as their favorite game character to go along with the theme! In addition, on October 11, students who ate lunch with us were offered Dick & Jane Educational Snacks as an added bonus to their meal.